

A Consultative Workshop

ON

**SOCIO-ECONOMIC AND
PSYCHOLOGICAL
FACTORS INVOLVED IN
THE SPREAD OF HIV
AND AIDS**

(MAY 3rd 2007)



**Venue: Department of Anthropology,
Quaid-e-Azam University**



Table of Contents

Introduction.....	1
Background of the Activity	1
PNAC AT A GLANCE.....	2
PNAC Collaboration with Quaid-e-Azam University	3
Proceedings of the workshop	4
Annexure: 1	Error! Bookmark not defined.
Annexure: 2	7
Annexure: 3	12

Introduction

The Department of Anthropology at Quaid-e-Azam University, Islamabad has the distinction of being the first and, as of now, the only separate and independent Department in the country. Anthropology Department was established in 1974 in collaboration with the University of Pennsylvania (USA) and Heidelberg (Germany). The Department was established with the efforts of Prof. Ahmad Hassan Dani.

Expansion of Academic Programs:

The Department was offering Master's degree since its inception, from September 2002, the Department expanded its epidemic programs initiated the classes of M.Sc self finance, M.Phil and Ph.D. A Large number of government and non government organizations are being contracted for research collaborations. The department of Anthropology is thus a growing Department with emphasis on research, training and highly advanced educational perspectives in the teaching of the discipline.

Now realizing the changing trends in social sciences world over and keeping in view the scope of new developments in the country and new emerging issues, emphasis has been shifted to problem oriented research studies so that the graduates of the department could effectively contribute in the development of the country by identifying the issues of the masses and changes in the society. The focus of the department is now more on the current issues such as social change and development, effects of globalizations, environment, family planning, social problem, child labour, women and child rights, mother and child health, education, gender issues, women and development etc.

Background of the Activity

Since the department of Anthropology, Quaid-e-Azam University has been enhancing the capacity of its students in social, communal and cultural fields hence it organized a consultative workshop on the socio-economic and psychological factors involved in the spread of HIV and AIDS in collaboration with Pakistan National AIDS Consortium on 3rd May, 2007. The purpose of the workshop was to make the students aware and respondent to various problems especially the socio-economic and psychological factors involved in the spread of HIV and AIDS.

PNAC AT A GLANCE

Pakistan National AIDS consortium (PNAC) is the premier non-governmental non profit registered network/organization working for the prevention and control of HIV and AIDS in Pakistan. It is the representative body of more than 350 NGOs from all parts of the country, which are working on different issues related to AIDS. PNAC's constituent consortia are:

- Balochistan AIDS Network
- Kashmir AIDS Consortium
- Northern Areas AIDS Control Consortium
- NWFP AIDS Consortium
- Punjab AIDS Consortium
- Sindh NGO Network of HIV and AIDS

PNAC has its physical presence in all provinces and regions of Pakistan as well as in Azad Kashmir and Northern Areas.

Mission

Leading Institutional support to civil society actions (Research, Service delivery, Advocacy and Community Mobilization-include organizational development) to mitigate the impact of HIV/AIDS in Pakistan by involving local, national and regional partners and with international partnerships through rights based approach.

Vision

Pakistan; as a country where people are free from HIV/living positively with HIV, thus able to enact their sexual and reproductive health rights.

PNAC Collaboration with Quaid-e-Azam University

PNAC often organizes the workshops and seminar for information dissemination, prevention and control of HIV and AIDS among general public, youth in educational institutions and out of school youth. Quaid-e-Azam University as a leading University of Pakistan invited PNAC's collaboration in organizing the seminar at its Anthropology department therefore PNAC being the representative of NGOs Consortia participated actively to make the event successful.

Through this workshop a strong link was developed between PNAC and Quaid-e-Azam University as well as with Higher Education Commission (HEC) and British Council (BC). HEC and BC were also the partners in conducting the workshop for enhancing the capacity of the department and the students.

The event took place on May 3rd, 2007. Mr. Hassan Awan and Ms. Asma Abbasi from PNAC were focal persons in collaboration for arrangements and Ms. Yusra Qadir (PNAC) conducted the proceedings of the workshop.

Proceedings of the workshop

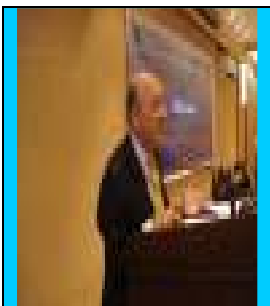
The proceedings of workshop were set in two following phases;

First Phase of the Workshop

The event commenced with recitation from the Holy Quran by Qari M. Yasin. Then Dr. Hafeez-ur-Rehman chairman Deptt. Of Anthropology, QU welcomed the guests and presented the objectives of the workshop. After that Prof. Dr. Qasim Jan, Vice Chancellor QU appreciated the efforts of Anthropology department for conducting such a good workshop. In his speech he said that there was a misconception about the disease that it only spread through sexual contact contrary to that he mentioned some other important factors such as blood transfusion, exchange of syringe needles involved in the spread of HIV. He said that they needed to identify the apt policy that ensured prevention from the disease.

In her address Dr. Asma Bokhari (NACP) said that Pakistan is no more a low prevalence country. She mentioned that government was committed for prevention and treatment of the disease while working with youth in colleges and Universities. She stated that they had to look not only on the biological reasons but the socio-economic factors that were involved in the spread of epidemic. She further said that the government policies were focused on youth and women and it was government priority to protect women and their rights.

Dr. Aldo Landi (UNAIDS) stated that UNAIDS had been trying to mitigate the effects of the disease from Africa since 1980 but due to denial and delay there was a sudden outbreak in the epidemic. He mentioned that UNAIDS started its project in Africa after the survey of Knowledge, Attitude, Behaviour and Practices (KABP). He claimed 2.5 million people get infected every year with HIV in the world. He then said that the epidemic in Pakistan was going to be generalized because it was spreading dramatically in Injecting Drug Users (IDUs). He also stressed that the education was extremely important for the prevention of the disease. According to Dr. Aldo, in Pakistan there are some Socio-cultural problems which create hurdles in the progress of the country. He said that there should not be any gender discrimination and the opportunities for education and employment should be equal for every individual. He further said that civil society organizations should participate to alleviate the effect of the disease from their country where government alone could not handle the situation effectively.



Dr Filippo Osella (from Sussex University UK), declared AIDS as a democratic disease as it affected not only middle or poor classes but all classes of the society. According to Dr. Filippo HIV and AIDS could be a problem of a certain society but it could reach to every individual if save practices were not adopted. He asked the participants to disseminate the information to everyone and make them save from the disease. He further said that everyone should avoid the risky behavior and adopt save practices and should tell everyone the same save practices and behaviour in the society. He mentioned that poverty and socio-culture bonds could be the reason that might create stigma and discrimination in the society and could become the reason of spread of HIV and AIDS. He also emphasized that more importance should be given to education for the control of the disease in effective manner.



At the end of the first session, the chief guest; Federal Minister of Health Mr. M. Nasir Khan addressed the participants. He asked to everyone not to use the stigmatized words and language for the disease. He requested the donor agencies to take care of our cultural and religious aspects when they design any material or literature. He said that being Pakistani they had to give respect to their own themselves to get the respect of others. He addressed various factors such as globalization, poverty and economic structure involved in the spread of HIV and AIDS. He then said that they could not close their eyes to the disease rather they had to fight against it while working together as a powerful nation. He also stated that the government was committed to eradicate its effects from Pakistan but it alone could not cope with it, the youth and the whole nation and international partners would have to play their role.



The participants appreciated the event as an effort for spreading awareness and creating opportunities to research for students regarding HIV and AIDS.

Second Phase:

After refreshments, a technical session took place. A panel of experts presented their presentations and papers. These guests included:

1. Mr. Aftab Awan (PNAC)
2. Mr. Qadeer Baig (WPF)
3. Dr. Rakhshanda (SACHET)
4. Dr. Nabila Zaka (UNICEF)
5. Ms. Samar Minallah
6. Dr. Arjumand Faisal (Arjumand and Associates)
7. Ms. Aneela (QU)

Dr. Arjumand Faisal presented the findings of study of sexual behaviour and prevalence of Sexually Transmitted Infections (STIs) among migrant men in Lahore on behalf of Arjumand and Associates. The presentation of Dr. Arjumand is attached in Anneure-1.

Mr. Qadir Baig from World Population Foundation (WPF) presented various risks related to youth in Pakistan. He presented the strategies to save the youth from the disease and WPF's Life skills; results and the impact on different people of the society.

Dr. Nabila Zaka from UNICEF presented a Research in HIV and AIDS methodological issues. That study was conducted by UNICEF on knowledge, attitudes, practices/behaviour, quality of services (VCT, PPTCT/PMTCT, ART, home based or hospice care) and Vulnerabilities: gender dynamics, access to resources, violence, trafficking (supply and demand).

Malik Aftab Ahmad National Manager PNAC presented the HIV and AIDS situation in Pakistan. He stated HIV as a global challenge that affected the people in their productive age. He also presented various challenges faced by Pakistan and then national response to those challenges. At the end he said that along with government organizations, civil society organizations had also to play their role to mitigate effects of the disease from the country.

Presentations of panelists are attached herewith.

The activity ended with remarks from Dr. Philipo regarding the day's activity and he reflected very positively stating that this event was just a beginning. He appreciated the efforts of the individuals and organizations working in the field of HIV and AIDS.

Annexure: 2

Participants' attendance sheet

S.No	Name	Organization	Contact No	Remarks
1	D. F. OSELA	University of Sussex UK		
2	S. HAWTHIN RYE	Suffex Foundation	0300-5130534	-
3	Dr. Azeem Sebi	Suez Canal Zone - UK	0501-9359012	
4	Dr. Mustafa Ali	Joint-Plant Sci - as e/Al/	0300-558897	-
5	M. Zafar (PhD. Sci)	Dept. of Plant Sciences	90643010	
6	Sobia Ghazal (PhD. Sci)	Dept. of Plant Sciences		
7	Asima Hafeez	Dept. of Anthropology		
8	Arif Khan Asif	Student	0300-573065	
9	Ummayyad	" "	0300-6478336	
10	Mehar Ali	STUDENT	0333-7548065	
11	Hassan Mahmood	P.N.A.C.	0321-5155225	
12	Muhammad Jameel	Student Middle II		
13	Muhammad Usman	" " (Arif Khan/Arif Khan)		
14	Tarzan Raza	P.N.A.C.	0300-5226657	Done

S.No	Name	Organization	Contact No	Remarks
1	Maryam Abid	M.Phil student (Anthr)	0333-5246086	
2	Sajida Aftab	Ph.D. scholar (Anthropology)	0301-4608200	
3	Ammia Shabab Bikkasi	M.Sc (III) Anthropology	0355-5232362	
4	Aneela Javid	M.Sc Anthropology	—	
5	Aman Ali Syed	M.Sc (Gen) Anthropology	0333-5606734	
6	Muhammad Buz	M.Sc (3 rd) Anthropology	0345-5403756	
7	M. Shafiqul	M.Sc (3 rd) Anth	0345-599808	
8	Ahmed Bilal	M.Sc (3 rd) Anthro	0334-7551095	
9	Busra Fari	M.Sc (Gen) Anthropology	0332-5143440	
10	Rabia Bhatti	M.Sc Anthropology	0333-5756540	
11	Rubena Saleem	M.Sc Anthropology	—	
12	Tooba Rafi	M.Sc Anthro	0306-5906540	
13	Baqiyah Ahmad	M.Sc Anthro	0346-5305376	
14	Shabana Akber	M.Sc Anthro	0334676592	

S.No	Name	Organization	Contact No	Signature
1	ASID NATEED KHANUM	STUDENT	0334-5126072	
2	MUHAMMAD SHAMEEL	"	0346-5119285	
3	Shauha Malik	Student	0334-518895	
4	Saira Rehman	Student	—	
5	SUFYAN ASID	Fatima Jinnah Women University, Rawalpindi	0333-5686468	
6	R.K.	DCS University, Rawalpindi	0302-3606495	
7	Shura Rahman	Student	—	
8	Madiha Mehmood	Student	2334533733	
9	Asma Farheen	Student	—	
10	DI KHURE M UMMAZ	CONSUMER PROMOTIONS	03008522427	
11	MUHAMMAD AHMED	STUDENT ANWAR 3rd	0521-728274	
12	TABASCUM REHMANI	Student	0321-	
13	Faiza Iqbal	Student	—	
14	Rabeen Raaz	NPC	—	

S.No	Name	Organization	Contact No	Signature
1	Rasheed Fatima	WPF	051-3110532	Rasheed Fatima
2	Faqeer-ur-Rehman Butt	Anthropology (FIND)	011-504540	Faqeer-ur-Rehman Butt
3	Mune Kuber	Arbiter Ph.D		Mune Kuber
4	D. Ali LADY	UN AIDS		D. Ali
5	AETHE ANHEED	AR INAC.	0333-590194	Aethe Anheed
6	Erum Ayub Khasani	Practical Council	9300-5011300	Erum Ayub Khasani
7	Isfahan Ahmed	Andrology 4th year	051-2417229.	Isfahan Ahmed
8	EHSAN KAN.	CAVIMC	0300519989	Ehsan Kan
9	Isfahan Siddique	STUDENTS. ANU (12)	0332-2156012	Isfahan Siddique
10	Zeenab	student Q.A.U.	-	Zeenab
11	Dr. Nadeem Zaka	UNICEF	051-209782	Dr. Nadeem Zaka
12	Nadia	BIO	-	Nadia
13	Suhra Nisar.	BIO	-	Suhra Nisar
14	Suhra	BIO	-	Suhra

S.No	Name	Organization	Contact No	Signature
1				
2	Zavier Samuel	G.D.U - Kumbakonam	0324-5029165.	
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				

Annexure: 3

Pictures

